

Template for UW-Rugby Senior Nordic Championship

- Male and Female NC is played as a tournament where all teams meet each other followed by a B Final and an A final. In total (for 2*4 teams) 16 games (4 games per team).
- Every even year the Females play first and every odd year the Male play first.
- 1 hour per game is the norm.

The template below is made for an odd year (2003, 2005, etc.). For an even year all the M's is changed for an F's.

S1 = Start Saturday (not earlier than 12:00) S2 = Start Sunday

M = Male team F = Female team

A, B, C and D, according to the draw made the previous year.

S1 + 0 Pool time team A S1 duration = 11 hours
S1 + 0,5 Pool time team B
S1 + 1,0 Pool time team C
S1 + 1,5 Pool time team D
S1 + 2 Opening ceremonies
S1 + 2,5 Pause before the first game
S1 + 3 MA – MB
S1 + 4 MC – MD
S1 + 5 FA – FB
S1 + 6 FC – FD
S1 + 7 MA – MC
S1 + 8 MB – MD
S1 + 9 FA – FC
S1 + 10 FB – FD

S2 + 0 Access to pool S2 duration = 10 hours
S2 + 1 MA – MD
S2 + 2 MC – MB
S2 + 3 FA – FD
S2 + 4 FC – FB
S2 + 5 M B Final
S2 + 6 F B Final
S2 + 7 M A Final
S2 + 8 F A Final

S2 + 9,5 Price ceremony

NC total duration = 21 hours

- National song after each game, except for when it is a draw.
- We recommend 4 set of bottles for the referees.
- A backup signalling equipment and a signal above the surface is recommend.
- The participating countries shall bring 2 referees, international or national.

Template 2 for UW-Rugby Senior Nordic Championship

- Male and Female NC is played as a tournament where all teams meet each other followed by a B Final and an A final. In total (for 1*4 teams and 1*3 teams) 15 games (4 games per team).
- 1 hour per game is the norm.

The template below is fixed every year.

S1 = Start Saturday (not earlier than 12:00) S2 = Start Sunday

M = Male team F = Female team

A, B, C and D, according to the draw made the previous year.

S1 + 0 Pool time team A S1 duration = 11 hours

S1 + 0,5 Pool time team B

S1 + 1,0 Pool time team C

S1 + 1,5 Pool time team D

S1 + 2 Opening ceremonies

S1 + 2,5 Pause before the first game

S1 + 3 FA – FB

S1 + 4 MA – MB

S1 + 5 MC – MD

S1 + 6 FA – FC

S1 + 7 MA – MC

S1 + 8 FB – FC

S1 + 9 MB – MD

S1 + 10 FA – FB

S2 + 0 Access to pool S2 duration = 10 hours

S2 + 1 FA – FC

S2 + 2 MC – MB

S2 + 3 MA – MD

S2 + 4 FC – FB

S2 + 5 M B Final

S2 + 6 M A Final

S2 + 7 F A Final

S2 + 8,5 Price ceremony

NC total duration = 21 hours

- National song after each game, except for when it is a draw.
- We recommend 4 set of bottles for the referees.
- A backup signalling equipment and a signal above the surface is recommend.
- The participating countries shall bring 2 referees, international or national.

Template 3 for UW-Rugby Senior Nordic Championship

- Male and Female NC is played as a tournament were all teams meet each other followed by a B Final and an A final. In total (for 2*3 teams) 14 games (4 games per team).
- Every even year the Females play first and every odd year the Male play first.
- 1 hour per game is the norm.

The template below is fixed every year.

S1 = Start Saturday (not earlier than 12:00) S2 = Start Sunday

M = Male team F = Female team

A, B, C and D, according to the draw made the previous year.

S1 + 0 Pool time team A S1 duration = 11 hours

S1 + 0,5 Pool time team B

S1 + 1,0 Pool time team C

S1 + 1,5 Pool time team D

S1 + 2 Opening ceremonies

S1 + 2,5 Pause before the first game

S1 + 3 MA – MB

S1 + 4 FA – FB

S1 + 5 MA – MC

S1 + 6 FA – FC

S1 + 7 MB – MC

S1 + 8 FB – FC

S1 + 9 MB – MA

S1 + 10 FB – FA

S2 + 0 Access to pool S2 duration = 9 hours

S2 + 1 MC – MA

S2 + 2 FC – FA

S2 + 3 MC – MB

S2 + 4 FC – FB

S2 + 6 M A Final

S2 + 7 F A Final

S2 + 8,5 Price ceremony

NC total duration = 20 hours

- National song after each game, except for when it is a draw.
- We recommend 4 set of bottles for the referees.
- A backup signalling equipment and a signal above the surface is recommend.
- The participating countries shall bring 2 referees, international or national.

Time table of arranging UW-Rugby Senior Nordic Championships

| Time to Championships | |
|------------------------------|---|
| 8 weeks before | Final date to send an invitation to federations |
| 4 weeks before | Last day to announce participation |
| 3 weeks before | Game schedule should be sent to federations |

Hosting and visiting federation can also use phone and e-mail, not only postal services.

Referees should announce new understanding and practice of rules minimum 2 weeks before the tournament if there is any.